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Città Metropolitana
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expo medicina

salone euromediterraneo
dell'innovazione
tecnologica in sanità

healthcare innovation exhibition
expomedicina.it

VI edizione

25/28 ottobre 2026
Centro fieristico **Le Ciminiere**
Catania

2026 October 26 — 10:00 -13:00

EXPOMEDICINA 2026 FORUM

Mare Nostrum in Healthcare

**International Forum of Mediterranean Universities on
Technological Innovation in Healthcare**

Universities, Research and Cooperation
to Build the Health of the Future

interproject »
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The Mediterranean: A Common Challenge

A Meeting Place for Knowledge, Institutions and Healthcare Systems

The Mediterranean has always been a space of encounter between peoples, cultures and knowledge. Throughout history, this region has been a crossroads of scientific and cultural exchanges that have contributed to the growth of knowledge and innovation. Today, in a context marked by profound social, environmental and technological transformations, the Mediterranean faces new common challenges that directly concern the future of healthcare.

Technological evolution, climate change, the transformation of healthcare systems, population ageing and the emergence of new diseases are complex phenomena that transcend geographical borders and require an increasing capacity for international cooperation. The healthcare of the future cannot be built through isolated models, but requires networks capable of integrating research, education, innovation and shared responsibility. Within this framework, the International Forum of Mediterranean Universities on Technological Innovation in Healthcare is created as part of ExpoMedicina 2026, with the aim of establishing a permanent platform for dialogue and cooperation among Universities, Institutions, healthcare professionals and research centres from Mediterranean countries. The "Mare Nostrum on Health" Forum represents an opportunity to develop a shared vision: exchanging knowledge, promoting scientific collaboration and encouraging new strategies to address the transformations that are reshaping medicine and healthcare systems.

Universities Working Together

**Research, Cooperation and Shared Value
across the Mediterranean**

Scientific knowledge grows through dialogue, cooperation and the ability to connect expertise, experience and research outcomes. Universities play a central role in this process because they represent the meeting point between education, research and innovation. Their mission is not limited to producing new knowledge; it also includes interpreting change and preparing future generations of professionals to face the complexity of contemporary healthcare. In the health sector, this means developing applied research, promoting technology transfer, creating new skills and building

Universities play a central role because they represent the meeting point between education, research and innovation.

international networks capable of generating scientific and social value. Cooperation among Mediterranean universities can become a fundamental means of strengthening research quality, encouraging academic mobility and contributing to the development of healthcare systems.

The Forum is also part of the cooperation initiative promoted by the Italian Federation of Medical Associations (FNOMCeO) through the "Mare Nostrum" project, created to strengthen dialogue between Europe, the Middle East and North Africa on health and the medical profession. Building a common space for knowledge represents a concrete opportunity to enhance different experiences and develop shared models for research, education and healthcare. ExpoMedicina 2026, now in its sixth edition and taking place from 25 to 28 October 2026 at the Le Ciminiere Exhibition Centre in Catania, will bring together universities, institutions, companies, healthcare professionals and the research community to foster dialogue between technological innovation, scientific knowledge and society's needs.

The collaboration with Focus – Mondadori, which will coordinate the scientific programme, will help ensure the quality of the content and promote scientific culture. The Forum's discussions will focus on several major strategic directions that define the future of health in the Mediterranean.

Four Strategic Directions for the Future of Health

Research, Cooperation and Shared Value across the Mediterranean

Sharing Knowledge

The first direction concerns sharing knowledge as a means of scientific progress. Sharing research results, data, expertise and best practices makes it possible to accelerate innovation and address complex problems from an international perspective. Mediterranean universities can contribute to creating an integrated scientific community capable of developing joint research programmes and new forms of cooperation.

Climate Change and Health

A second direction concerns the relationship between climate change and health. Rising temperatures, changes in ecosystems, the spread of new vectors and extreme climate events are altering the epidemiological profile of the Mediterranean region. These phenomena require new prevention and research strategies capable of integrating medicine, environmental sciences, epidemiology, technology and health policies.

Technologies for Innovative and Sustainable Healthcare

Another central theme will be technologies for innovative and sustainable healthcare. Artificial intelligence, robotics, digital medicine, telemedicine and data analysis are profoundly transforming prevention, diagnosis and treatment. The challenge lies not only in introducing new technologies, but also in governing their development according to principles of ethics, security, equity and person-centred care. Technology must become a tool serving patients, capable of improving the quality of care, increasing the efficiency of healthcare systems and making healthcare more accessible and sustainable.

Training the Healthcare Professionals of the Future

Finally, the Forum will address the training of the healthcare professionals of the future. The transformation of medicine requires a transformation of educational models. Universities are called upon to develop increasingly interdisciplinary and international learning pathways based on continuous education and capable of integrating clinical, scientific, technological and humanistic skills. Student mobility, cooperation among universities, shared educational programmes and new teaching methods are essential for preparing professionals to work within an increasingly complex and interconnected healthcare environment.

From Discussion to Permanent Cooperation

A Shared Path Extending Beyond the Forum

The “Mare Nostrum in Healthcare” Forum is intended not only as an opportunity for discussion, but also as the beginning of a permanent cooperation process. The objective is to turn dialogue into concrete action through joint research programmes, shared educational initiatives, mobility opportunities for students, academics and researchers, international partnerships and projects dedicated to healthcare innovation.

At the end of the Forum, a shared document will be developed, bringing together common principles, commitments and perspectives to strengthen cooperation among Mediterranean universities and build a stable network dedicated to health and knowledge.

Turning Dialogue into Concrete Action

The challenges of the future require a new alliance between research, education, technology and institutional responsibility. Mediterranean universities can become key players in this transformation by building a scientific community capable of turning differences into a resource and bringing together diverse skills, experiences and perspectives.

An aerial photograph of a coastline. In the foreground, a sandy beach curves along the shore, with a few small figures of people. The ocean is a deep blue-grey, with white foam from waves breaking onto the shore. To the left, a small town or village is built on a hillside overlooking the beach. To the right, a steep, rocky cliff rises from the water's edge. The sky is a pale, hazy blue. The overall mood is serene and expansive.

*The Health
of the Future
Begins with
Our Ability to
Collaborate
Today.*

FORUM EXPOMEDICINA 2026

Mare Nostrum in Sanità

Save the date.

26 October 2026 | 10:00–13:00

Add the Forum to Your Calendar

Scan the QR-CODE



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corporate business solution

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